PALMER CYCLING TEAM Presents

13th Annual Bicycle Race May 1-3, 2015 Race Bible





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ABUSIVE AND PROFANE LANGUAGE WILL NOT BE TOLERATED ABSOLUTELY NO ALCHOLIC BEVERAGES ALLOWED AT RACE VENUES IT WILL RESULT IN DISQUALIFICATION.

THROW ALL TRASH IN FEEDZONE (GEL PACKS, POWER BAR PAPERS, WATER BOTTLES ETC.) FAILURE TO DO SO WILL RESULT IN DISQUALIFICATION.

Parking

<u>Friday Evening Criterium:</u> Plenty of parking available in downtown Brookhaven. Parking will be available at First Baptist Church and the State Room prior to the race start.

<u>Saturday Morning Road Race:</u> Parking will be available at Copiah Lincoln Jr College.

Saturday Evening Time Trial: Parking will be available at Copiah Lincoln Jr College.

Sunday Morning Criterium: Parking available at Copiah Lincoln Jr College.

EVENT SCHEDULE

RACES

Friday, May 1, 2015

7:00 p.m. Bank of Brookhaven Downtown Criterium

Saturday, May 2, 2015

8:30 a.m. Alford Lumber Center Road Race from Copiah Lincoln Jr College

8:30 am Senior 1,2,3	78 Miles/ 4 Laps
8:35 am Senior 3/4	59 miles/ 3 Laps
8:40 am Masters 40+ (Cat. 1-4)	59 miles/ 3 Laps
8:45 am Senior 4/5, Public	21 miles/ 1 Lap
8:50 am Women	21 miles/ 1 Lap
8:55 am Juniors	21 miles/ 1 Lap

5:00 p.m. DPlot Time Trial Staging at Copiah Lincoln Jr College First rider off 5:00 p.m. in the following order: (Start times will be posted after road race)

Juniors	3 Miles
Women	3 Miles
Senior 4/5, Public	3 Miles
Masters 40+ (Cat 1-4)	3 Miles
Senior 3/4	3 Miles
Senior 1,2,3	3 Miles

Sunday, May 3, 2015

7:00 a.m. Physiotherapy Associates Criterium at Copiah Lincoln Jr College

7:00 am Juniors	40 Minutes
7:50 am Women	50 Minutes
8:50 am Senior 4/5, Public	30 Minutes
9:30 am Masters 40+ (Cat.1-4)	60 Minutes
10:40 am Senior 3/4	60 Minutes
11:50 am Senior 1,2,3	90 Minutes

REGISTRATION

<u>Friday, May 1, 2015</u>: Registration and number pick-up will be at The Brookhaven-Lincoln County Chamber of Commerce at 230 South Whitworth Ave. in downtown Brookhaven from 5:00 PM-7:00PM and 8:00 PM-10:00 PM. Registration/number pick-up from 5:00pm to 6:45pm will be for Sr. 1,2,3 only! We will close during the Sr. 1/2/3 Criterium and will re-open for all other categories following the finish of the Criterium. (see map for directions) Free T-Shirt to the first 200 that arrive for number pickup on a first come basis.

Saturday, May 2, 2015 - All Categories: Open from 7:00am to 8:00am at Copiah Lincoln Jr College. (see maps)

Saturday, May 2, 2015 - Sunday, April 15, 2015 - Cat. 5 Omnium

- Registration will be from 7:00am to 8:00am at Copiah Lincoln Jr College for each or all stages.
- Onsite Registration ends for ALL RACES at 8:00am Saturday morning. Onsite Registration will NOT be available at the Time Trial or Sunday Circuit Race locations.
- Cat 4/5/Public Racers who are not racing the Road Race must Pre-Register online at <u>www.usacycling.com</u> for the Time Trial and/or Sunday Circuit Race.
- Number pickup will be from 4:30pm 4:45pm at the start line of the Time Trial and from 6:30am 6:45am at the start line of the Sunday Circuit Race at Copiah Lincoln Junior College. Be prepared to show your USA Cycling License and sign the race waiver.

<u>Valid and current Amateur USAC license</u> must be presented at registration/number pick-up. All registered riders will be required to sign a USAC Event Release form before participating.

FEES

CATEGORY	ENTRY FEES	RACE DAY ENTRY FEES
SR. 1, 2, 3	\$80	\$95
Sr. 3 BONUSES	Included	Included
MASTERS 40+ (Cat. 1-4)	\$70	\$85
SR. 3/4	\$70	\$85
WOMEN	\$70	\$85
JUNIORS	FREE	FREE
SR. 4/5/ PUBLIC	\$25/Event or \$50 All Races	\$30/Event

A One Day license will be available for purchase on the day of the event. The total charge will be \$20 for the two-day event. Only one license will need to be completed upon arrival. Please see Loretta Parther to purchase one-day licenses or annual license before filling out the onsite race waiver. Make checks payable to MS Gran Prix.

RACE NUMBER INFORMATION

Friday Criterium – Numbers on Right	Time Trial – Numbers on Right
Road Race – Numbers on Left	Sunday Criterium – Numbers on Right
Juniors#351-400	Masters 40+(Cat. 1-4) #201-250
Women #301-350	Senior 3/4 #101-200
Senior 4/5 Public #251-300	Senior 1,2,3 #1-100

Place the race number on the side of the lower back, just above the pockets (if any), turned so that the numbers are upright when the rider is horizontal. Place second number across center of your back. (If the officials can't read your number, you will not be placed!)

TRAFFIC CONTROL

The Road Race, Time Trial, and Circuit Race courses are **OPEN TO TRAFFIC.** Please remember that most drivers do not know how to react to a racing peloton. Use your head and STAY IN THE RIGHT LANE **AT ALL TIMES!** All turns should be monitored, but the final responsibility for safety rests with the rider! We sometimes have trouble stopping cars. **HEADS UP THROUGH TURNS!** When warming up before races, **KEEP THE ROAD CLEAR** by not standing around in the street talking, etc. this is very important to our ability to continue to have races on our course. Try at all times to avoid blocking the road. Please respect the rights of others with whom we share the road. Team and individual vehicles are to stay in the parking area at all times. Private following vehicles are not allowed on the course.

TIME BONUSES

There will be a single **HOT SPOT** for each class in Sunday's Criterium. The Hot Spot will be at the approximate midpoint of the race. Bonuses will be awarded for First, Second, and Third Place in all stage race categories.

1st Place:	6 Seconds
2 nd Place:	4 Seconds
3rd Place:	2 Seconds

There will be **FINISH TIME BONUSES** in each class of <u>ALL STAGE RACES</u>. (No Time Bonuses In The Time Trial)

1st Place:	10 Seconds
2 nd Place:	6 Seconds
3rd Place:	4 Seconds

INDIVIDUAL PRIZE LISTS

The prize list will be distributed, based on the riders Final Individual General Classification and on certain individual stage placing based on the tables below. The Prize List is subject to change based on the total number of riders registered for the event.

Categories may be combined at the discretion of the race director. The Stage Race is time based. Racers must participate in the previous event to be eligible for the next event, except for the Cat. 4/5, Public Omnium.

PRIZE LIST - 200 Total Riders

Category	Friday	Place/	Road	Place/	Time	Place/	Sunday	Place/	Place/Total
	Criterium	Purse	Race	Purse	Trial	Purse	Criterium	Purse	Prize List
Sr. 1,2,3	60 Minutes	12/\$775	78 miles	12/\$775	3 miles	12/\$775	90 min	12/\$775	17/\$1700
Sr. 3/4			59 miles	5/\$165	3 miles	5/\$165	60 min	5/\$165	8/\$400
4, 5, Public			21 miles	Medals	3 miles	Medals	30 min	Medals	Medals
Masters 40+			59 miles	10/\$575	3 miles	10/\$575	60 min	10/\$575	12/\$850
Women			21 miles	5/\$165	3 miles	5/\$165	50 min	5/\$165	8/\$400
Junior 18			21 miles	3/\$100	3 miles	3/\$100	40 min	3/\$100	5/\$135
Sr. 3 Bonus									8/\$400

Stage Race Overall – 200 Riders

		1				1	
	Sr 1/2/3	Masters 40+	Women	Jr 18-	Sr. 3/4	4/5,	Sr. 3 Bonus
						Public	For 1,2,3's
1	\$ 275.00	\$ 170.00	\$100.00	\$ 50.00	\$100.00	Medals	\$ 100.00
2	\$ 235.00	\$ 140.00	\$ 75.00	\$ 40.00	\$ 75.00	Medals	\$ 75.00
3	\$ 200.00	\$ 115.00	\$ 50.00	\$ 20.00	\$ 50.00	Medals	\$ 50.00
4	\$ 175.00	\$ 90.00	\$ 45.00	\$ 15.00	\$ 45.00		\$ 45.00
5	\$ 130.00	\$ 70.00	\$ 40.00	\$ 10.00	\$ 40.00		\$ 40.00
6	\$ 105.00	\$ 60.00	\$ 35.00		\$ 35.00		\$ 35.00
7	\$ 90.00	\$ 55.00	\$ 30.00		\$ 30.00		\$ 30.00
8	\$ 75.00	\$ 40.00	\$ 25.00		\$ 25.00		\$ 25.00
9	\$ 65.00	\$ 35.00					
10	\$ 60.00	\$ 30.00					
11	\$ 55.00	\$ 25.00					
12	\$ 50.00	\$ 20.00					
13	\$ 45.00						
14	\$ 40.00						
15	\$ 35.00						
16	\$ 35.00						
17	\$ 30.00						
Totals	\$1,700.00	\$ 850.00	\$400.00	\$135.00	\$400.00	0	\$ 400.00

<u>Individual Stages – 200 Riders</u>

Places	Sr 1	/2/3	Mast	ers 40+	Wor	men	Jr 1	8-	Sr.	3/4	4/5, Public
1	\$	150.00	\$	125.00	\$	65.00	\$	50.00	\$	65.00	Medals
2	\$	130.00	\$	105.00	\$	40.00	\$	30.00	\$	40.00	Medals
3	\$	105.00	\$	75.00	\$	25.00	\$	20.00	\$	25.00	Medals
4	\$	85.00	\$	60.00	\$	20.00			\$	20.00	
5	\$	75.00	\$	50.00	\$	15.00			\$	15.00	
6	\$	50.00	\$	45.00							
7	\$	45.00	\$	40.00							
8	\$	40.00	\$	30.00							
9	\$	35.00	\$	25.00							
10	\$	25.00	\$	20.00							
11	\$	20.00				•		•			
12	\$	15.00									
Totals	\$	775.00	\$	575.00	\$	165.00	\$	100.00	\$	165.00	

^{***}THE ABOVE PRIZE LIST IS BASED ON A MINIMUM OF 15 RIDERS PER CATEGORY and a MINIMUM OF 200 RIDERS registered by 8:00AM on May 3rd, 2015. Categories not meeting the minimum may be combined with another race and have their prize list adjusted.

PRIZE LIST – 190 Total Riders

Category	Criterium	Place/	Road	Place/	Time	Place/	Circuit	Place/	Place/Total
		Purse	Race	Purse	Trial	Purse	Race	Purse	Prize List
Sr. 1,2,3	60 Minutes	12/\$735	78 miles	12/\$735	3 miles	12/\$735	90 min	12/\$735	17/\$1615
Sr. 3/4			59 miles	5/\$158	3 miles	5/\$158	60 min	5/\$158	8/\$380
4, 5, Public			21 miles	Medals	3 miles	Medals	30 min	Medals	Medals
Masters 40+			59 miles	10/\$546	3 miles	10/\$546	60 min	10/\$546	12/\$805
Women			21 miles	5/\$158	3 miles	5/\$158	50 min	5/\$158	8/\$380
Junior 18			21 miles	3/\$95	3 miles	3/\$95	40 min	3/\$95	5/\$128
Sr. 3 Bonus									8/\$381

Stage Race Overall – 190 Riders

	Sr 1/2/3	Masters 40+	Women	Jr 18-	Sr. 3/4	4/5,	Sr. 3 Bonus
	31 1/2/3	Masiers 40+	Wonien	JI 10-	31. 3/4	Public	For 1,2,3's
	4004.00	A 404.00	^	A 1= 00	***		
1	\$261.00	\$161.00	\$95.00	\$47.00	\$95.00	Medals	\$95.00
2	\$224.00	\$133.00	\$70.00	\$38.00	\$70.00	Medals	\$70.00
3	\$190.00	\$109.00	\$47.00	\$19.00	\$47.00	Medals	\$47.00
4	\$167.00	\$85.00	\$43.00	\$14.00	\$43.00		\$43.00
5	\$124.00	\$66.00	\$38.00	\$10.00	\$38.00		\$38.00
6	\$100.00	\$57.00	\$35.00		\$35.00		\$35.00
7	\$85.00	\$52.00	\$29.00		\$29.00		\$30.00
8	\$71.00	\$38.00	\$23.00		\$23.00		\$23.00
9	\$61.00	\$33.00					
10	\$57.00	\$28.00					
11	\$50.00	\$24.00					
12	\$47.00	\$19.00					
13	\$45.00						
14	\$38.00						
15	\$35.00						
16	\$33.00						
17	\$27.00				•		
Totals	\$1,615.00	\$805.00	\$380.00	\$128.00	\$380.00	\$0.00	\$381.00

<u>Individual Stages – 190 Riders</u>

Places	Sr 1/2/3	Masters 40+	Women	Jr 18-	Sr. 3/4	4/5, Public
1	\$142.00	\$118.00	\$62.00	\$48.00	\$62.00	Medals
2	\$123.00	\$100.00	\$38.00	\$28.00	\$38.00	Medals
3	\$100.00	\$71.00	\$24.00	\$19.00	\$24.00	Medals
4	\$81.00	\$57.00	\$20.00		\$20.00	
5	\$71.00	\$48.00	\$14.00		\$14.00	
6	\$47.00	\$42.00				
7	\$43.00	\$38.00				
8	\$38.00	\$28.00				
9	\$33.00	\$24.00				
10	\$24.00	\$20.00				
11	\$19.00					
12	\$14.00					
Totals	\$735.00	\$546.00	\$158.00	\$95.00	\$158.00	

^{***}THE ABOVE PRIZE LIST IS BASED ON A MINIMUM OF 15 RIDERS PER CATEGORY and a MINIMUM OF 190 RIDERS registered by 8:00AM on Saturday, April 14, 2015. Categories not meeting the minimum may be combined with another race and have their prize list adjusted.



CRITERIUM COURSE DESCRIPTION

Bank of Brookhaven Downtown Criterium (7:00 pm) This course will be ridden clockwise and is .7 miles long, with 6 turns. **Special Precautions**: Although we will have a closed course for this event, it is not impossible that someone will manage to get a car onto the course. In particular, there is always the possibility of pedestrians wandering onto the course from other areas in downtown Brookhaven, so **stay alert**!

CRITERIUM RULES

- 1. The FREE LAP RULE will be in effect. You MUST report to the pit in order to receive a free lap. The pit will be located in the area of the start line. Free laps are allowed only for mishaps as per USAC regulations. Riders suffering a mishap may not ride "against traffic" in order to get to the pit. Proceed in the direction of the race only. FREE LAPS WILL BE GRANTED ONLY TO RIDERS WHO RE-ENTER THE RACE BEFORE THE FINAL 8 KM.
- 2. All riders finish on the same lap as the leader. Lapped riders will be pulled if they threaten to interfere with the finish.
- 3. Lapped riders MAY NOT COMPETE FOR PRIMES. Lapped riders who compete for primes, bonus points, or for the finish will be disqualified! Lapped riders may not contest the final sprint. Riders may not drop back in order to assist another rider off the front of the pack.
- 4. Bikes and tires will be checked at the start.

CRITERIUM RESULTS

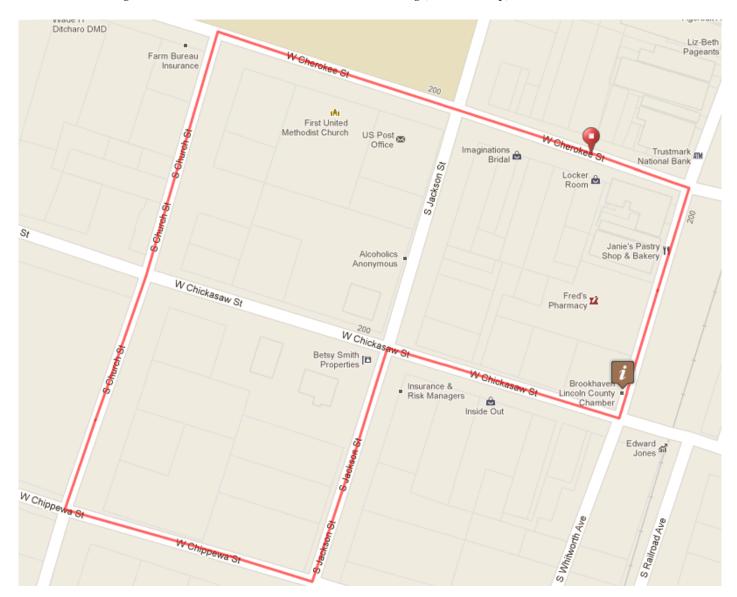
Results will be posted at Copiah Lincoln Junior College before the start of the Road Race.

Gran Prix

BANK OF BROOKHAVEN CRITERIUM MAP

Downtown Brookhaven

Travel East on Brookway Boulevard to the intersection with West Monticello St. Cross the railroad tracks and turn right onto South Railroad Avenue. Registration will be at the Chamber of Commerce building ("i" on the map).



http://ridewithgps.com/routes/7022410

ALFORD INDUSTRIES

ROAD RACE COURSE DESCRIPTION

The Road course starts at Copiah Lincoln Jr College - see map provided. The 19-mile course has good to fair road surface. The course will be ridden clockwise. Feeding is allowed *only* in the marked feed zone (see rules section). All vehicles must park in the lot at the start/finish area. **No follow vehicles are allowed on the course**. **SPECIAL PRECAUTION** must be taken by each rider at each intersection. Remember, we sometimes have trouble stopping cars. DO NOT blindly follow other riders through the turns. Should you encounter farm animals along the route, give'em a wide berth!!!

ROAD RACE RULES

COURSE IS OPEN TO TRAFFIC!!!

- 1. Staging will be at the West Lincoln Attendance Center registration. Riders should be prepared to line up 10 minutes before the start time for their category.
- A single following car will be provided for main groups. The large groups will have lead motorcycles. ABSOLUTELY NO PRIVATE VEHICLES ARE ALLOWED ON THE COURSE!!!
- FEED ZONE
 - Feed only in the area of feed zone (see map). Feeding anywhere else, or from a vehicle will result in DISQUALIFICATION of the rider!
 - Feed from the right side of the road only.
 - No feeding is allowed outside the feed zones or from any vehicle.
 - The race organizer will not provide water bottles at the Feed Zones. Riders SHOULD CARRY THEIR OWN WATER BOTTLES or have them provided by their support personnel.
 - Throw trash and bottles ONLY in FEEDZONE. (Littering will result in DISQUALIFICATION)
- 4. COURSE: check the course map! Riders are responsible for staying on the course.
- 5. Riders must MAINTAIN LANE POSITIONS in the final 200 meters for a sprint finish. <u>WE DO NOT GUARANTEE A CLEAR LANE.</u>
- 6. CROSSING THE CENTER LINE of the road is prohibited. We are VERY serious about this! See special section below.
- 7. All Riders are required to leave the finish area at the completion of their race. Any rider crossing over the finish line for the second time may be assessed a penalty.
- 8. All U.S.C.F. rules will be enforced at all times.
- 9. Riders in different races (separate starts) may not work together in the Road Race.
- 10. Special rules and information appear below.

FOLLOWING CARS

There will be a single following car with neutral, rider-provided, wheel support. Following cars will be located near the start line. Spare wheels must be labeled with the rider's number and name. It is strongly recommended that you write your name on the tire. The official in the following car will keep track of riders receiving spare wheels. Please offer wheels to your group's following car. Don't forget to retrieve them after the race! Riders who receive wheel changes during the race are expected to return those wheels to the following car immediately after the finish. Officials and race promoter assume no responsibility for wheels not picked up.

LEFT LANE RULE

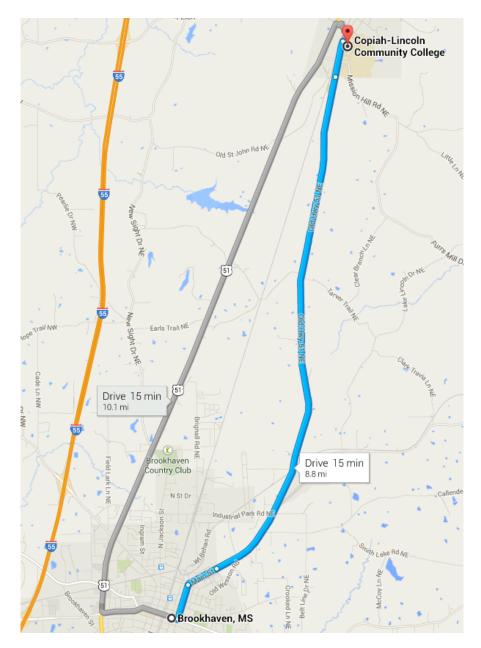
RIDERS ARE FORBIDDEN TO USE THE LEFT LANE. We are NOT able to provide a rolling enclosure. A race official in each following car will be looking specifically for this offense (because it is extremely dangerous and it jeopardizes our ability to use the course in the future). Increasing one's position while over the centerline will result in a 30 second penalty (count on it!). Repeated violations for any reason will result in **DISQUALIFICATION!!**

ROAD RACE RESULTS

GC and Road Race Results will be posted at start of the Time Trial. Protests of the Road Race are acceptable up until the start of the next stage.

DIRECTIONS TO START OF ROAD RACE

From Brookhaven: Take either 51 or Old Hwy 51 north for 9 miles. **Registration**: From 7:00 AM to 8:00 AM at Copiah Lincoln Junior College:



DIRECTIONS TO FEED ZONE

Drive 5.7 mi, 13 min

O Shelby Pitts Cir

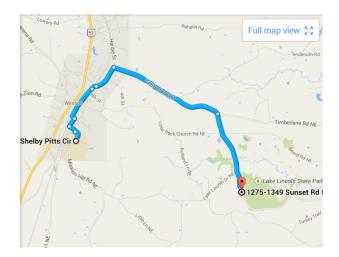
Wesson, MS 39191

* Take E Railroad Ave to Timberlane Rd

Continue on Timberlane Rd. Drive to Sunset Rd NE in Lincoln
County

7. Turn right onto Timberlane Rd

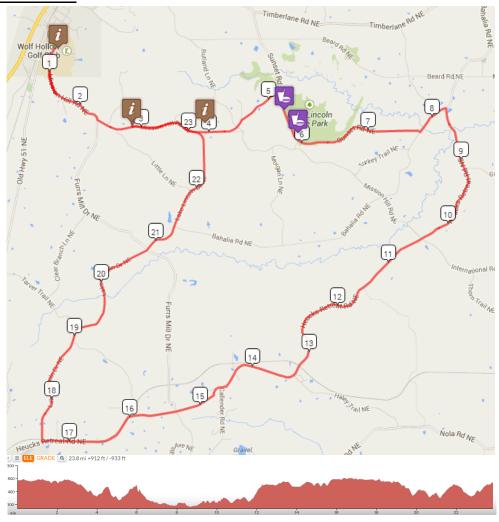
1.9 mi / 6 min
2.2 mi



● 1275-1349 Sunset Rd NE

Wesson, MS 39191

MAP OF ROAD RACE



 $\underline{http:/\!/ridewithgps.com/routes/7022456}$



TIME TRIAL COURSE DESCRIPTION

The Time Trial course is 3 miles one way with a good road surface. Course follows Mission Hill Rd. NE then turns right on Lake Lincoln Dr. and is open to traffic – heads up at all times. Riders must remain in right lane at all times. Staging will be at Copiah Lincoln CC.

TIME TRIAL RULES

START ORDER – Riders within a class will start in ascending order of their number. (i.e. 1 first, 2 second), with Cat 4, 5, Public off first. See start order below. The start time list will be posted at the end of Road Race and at Time Trial start.

Juniors#351-400	Masters 40+(Cat. 1-4) #201-250
Women #301-350	Senior 3/4 #101-200
Senior 4/5 Public #251-300	Senior 1,2,3 #1-100

START TIMES – Riders will start in 30 second intervals. There will be gaps in the sequence of numbers between classes. Pay attention to the number caller – **DO NOT MISS YOUR START.**

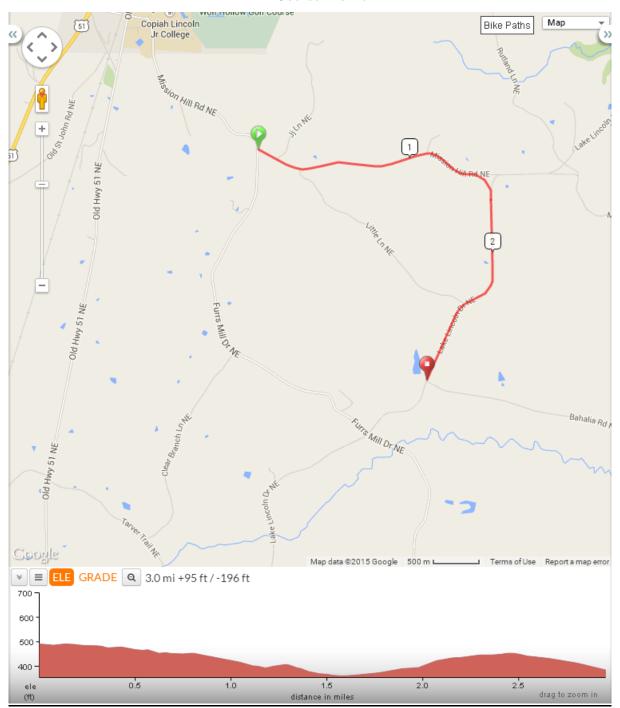
You must be in the start line three minutes (6 riders) before your start. If a rider misses his start, he must STOP at the starting line (one foot down), then he may begin unless his start will interfere with that of another rider, in which case the referee will instruct him to wait. Timing begins from the original start time. RESTARTS will normally not be allowed. Riders suffering mishaps will be given the time of the slowest rider who finishes in his class.

DO NOT WARM UP ON THE COURSE AFTER TIME TRIAL STARTS!

DIRECTIONS TO TIME TRIAL WITH COURSE MAP

From Brookhaven: Take either 51 or Old Hwy 51 north for 9 miles to Copiah Lincoln CC.

TT Course Profile



http://ridewithgps.com/routes/7651066

Physiotherapy Associates

SUNDAY CRITERIUM

COURSE DESCRIPTION

Course is a .8 mile loop. Race begins at 7:00am with 10 minutes between races.

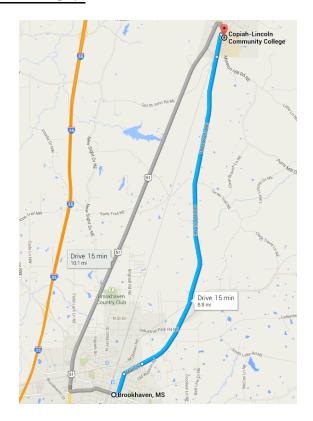
RACE RULES

- 1. The FREE LAP RULE will be in effect. You MUST report to the pit in order to receive a free lap. The pit will be located in the area of the start line. Free laps are allowed only for mishaps as per USAC regulations. Riders suffering a mishap may not ride "against traffic" in order to get to the pit. Proceed in the direction of the race only. FREE LAPS WILL BE GRANTED ONLY TO RIDERS WHO RE-ENTER THE RACE BEFORE THE FINAL 8 KM.
- 2. All riders finish on the same lap as the leader. Lapped riders will be pulled if they threaten to interfere with the finish.
- 3. Lapped riders MAY NOT COMPETE FOR PRIMES. Lapped riders who compete for primes, bonus points, or for the finish will be disqualified! Lapped riders may not contest the final sprint. Riders may not drop back in order to assist another rider off the front of the pack.
- 4. Bikes and tires will be checked at the start.

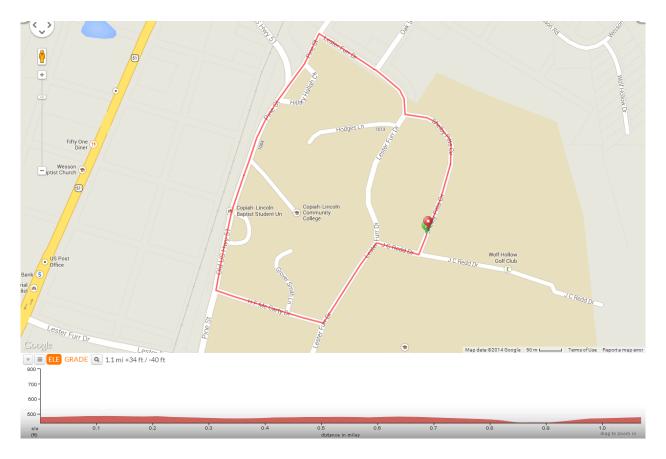
CRITERIUM RESULTS

Criterium results will be posted at the finish line of the criterium after each race.

MAP TO SUNDAY CRITERIUM



MAP OF PHYSIOTHERAPY ASSOCIATES SUNDAY CRITERIUM



http://ridewithgps.com/routes/7022622

FINAL RESULTS/AWARDS:

Final results will be posted as soon as available after each event at the start/finish area. Cat 4/5/Public Must Be Present to Receive Prize Medals after final results are posted at the Sunday Circuit Race. All prize money will be mailed to the address on the race waiver form. If you prefer it be mailed to a different address, please contact Loretta Parther.

AREA INFORMATION

Food in Brookhaven:

•	Bowie Smokehouse 333 Magee Dr	(601) 833-3711
•	Cracker Barrel 1215 Brookway Blvd	(601) 823-6800
•	El Sombrero Mexican Restaurant 825 Brookway Blvd	(601) 835-0506

Medical Facilities: Kings Daughters Hospital (601) 833-6011

SPECIAL THANKS TO ALL OUR SPONSORS:









Physiotherapy Associates





